

Tips for Learning from Home

This guide will take you through things you need to know about teaching your children at home. These are suggestions....you work out what is right for you!

Create a dedicated class environment and make it a positive space for children

Whether it's big or small, it's important to create a *dedicated* learning space in your house. Obviously having a whole spare room you can use as a classroom would be ideal, but even just a desk or table in the living room will do the trick. Having a space that is for school work only will help your children get into the right headspace.

Follow the direction of child's classroom teacher

Start off by working on the curriculum that your child's teacher has sent home. Check the school updates via Compass and we will be developing resources on the School Show and on the school website to support you.

Create a home schedule

The most important thing is to keep your children at ease, engaged, and active. Children crave routine whether they know it or not. So make a routine for your family. Here is an example; [free editable schedule here](#)

SCHEDULE EXAMPLE

9.00am – Start school activities: Literacy. Dip into the resources provided by your teacher. It may help to give your child a choice between two of the tasks provided so that they feel they have some control over their learning. Your child may need movement breaks after finishing small tasks during this session.

We will be creating and uploading videos of staff reading stories, morning circle, music, exercises etc on the School Show over the next couple of weeks so check there for some things you can watch together

10.00 - Break time: play outside, go for a walk, ride bike. Give your child the opportunity to play independently so that you have some space from one another!!

11.00 – Continue with school activities: Numeracy. From the resources provided. Continue to provide short breaks after completing tasks. Numeracy activities can also include practical activities such as making a shopping list, measuring ingredients to bake a cake, going on a treasure hunt to find all the green things/round things/ soft things/ things that are the same.....

12.00 – Lunch and play. Helping to choose and make their lunch is a great learning opportunity

1.00 – Independent activities: There are many online resources for stories, online visits (eg Zoo), music. We have shared lots of play activities on the school website.

2.00 – Shared activities: Cooking, Gardening, Exercises, Science fun, Art and Craft...build an obstacle course!

3.00 – School is finished!!!!

Please remember that this is a stressful time so don't put pressure on yourself to get all the work sent home completed.

You can let your children help

By involving your child in planning the day, they'll be more receptive to learning from home lessons, as they'll feel they've had a hand in shaping them. This way, you can tailor lessons to cover topics they *genuinely* enjoy — although it's still important to cover less favoured subjects. Perhaps complete one less favoured task and then something your child really likes.

You don't have to teach *all* day long

Most children learning from home only spend about two to three hours for the whole day in lessons — any longer, and it's hard to maintain focus. Use these few hours to teach the *core* subjects that they'd be learning at school: Math, science, English, etc. Then you can spend the rest of the "school day" doing fun (but still educational) activities. For example, movement breaks, board games, reading aloud, playing brain teasers, cooking, music or playing online math games. It's important to ensure they're stimulated and thinking for at least six hours a day before relaxing in front of the TV or using gaming technology.

Lastly: Have fun and make things engaging for you and them!